

**Friday, February 24 - Saturday, February 25, 2017
with Compassion Sunday Celebration on February 26**

Grace Presbyterian Church Youth Info For Parents ::

What is World Vision's 30 Hour Famine?

It's students around the world loving God and fighting hunger. Every year, hundreds of thousands of students in the U.S. (and more around the world) unite to do the Famine. They learn about hunger, raise funds to help hungry kids, and experience hunger for themselves. Learn more about the Famine.

Why should my teen do the Famine?

Hunger-related causes kill 8,500 children a day, but your son or daughter and their friends can do something to help change this. The funds they raise by doing the Famine will help World Vision care for hungry kids and support sustainable change in communities around the world. See more hunger facts.

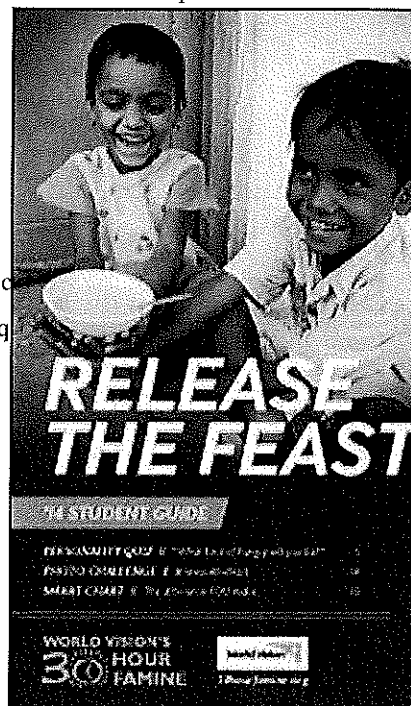
How can I get involved as a parent?

- Pray. Pray for your teen, their youth group, their leaders and volunteers, and the hungry kids whose lives will be changed through their efforts.
- Read the student materials (and ask your child if they've read 'em!).
- Become a fasting buddy. Support your student by fasting alongside them (not necessarily from food). A shared experience can open up new avenues of conversation!
- Host a fundraiser. Ask if you can help run and/or support fundraising activities leading up to Famine weekend.
- Volunteer. If you're a youth ministry veteran, you'll have a blast. And if you've never been involved, the Famine is a great, easy way to give it a try.
- Just ask your student's leader! From minivan drivers to event prep to cooking the break-the-fast meal, there's a huge variety of ways you can help ensure that the Famine is a life-changing experience for participants.
- What are the student materials?
- Every student should receive a Student Guide with a collection envelope and donor receipts. Youth leaders should be passing these out before fundraising begins.

Student Guide

This booklet includes:

- RELEASE THE FEAST devotional
- #releasethefeast challenge (a social media photo challenge)
- "What kind of hungry will you be?" personality quiz
- Famine weekend hunger log
- Donation tracker
- Receipts
- Hunger facts



- “What to say when fundraising” script
- And more!

Student Collection Envelope:

Students should store cash and checks in this, mark the rewards they’ve earned, then give it back to their leader at the start of Famine weekend.

Receipts:

Donations are tax-deductible! Students fill out these receipts and give them to people making donations.

Is fasting for 30 hours safe?

- For most people, going without food for 30 hours is perfectly safe. There are a few exceptions — like kids under 12, the elderly, pregnant or nursing women, and people with certain medical conditions or eating disorders. The Famine is a juice fast, which means students are provided by their Famine leader with plenty of water and juice throughout the 30 hours.
- If you have any questions or concerns about fasting, check with a doctor before your student participates. We’ve also got plenty of alternatives to a traditional food fast if you deem that more appropriate. Get more facts about fasting.
- How will my teen be fundraising?
- There are lots of ways students can fundraise: online, in person, by text, over the phone, and more. The hands-down best way to fundraise is by combining ALL of these.
- Your teen may also be invited to participate in a variety of group fundraisers hosted by their group leader. Learn more about fundraising.

What will my teen be doing during Famine weekend?

<http://30hourfamine.org>

Tons of stuff they'll love! Depending on the schedule their leader creates, they can serve their community, hang out with their friends, learn more about God and His heart for the poor, and have a blast playing fun and educational games like TRIBE, World Vision's popular interactive team challenge.

Grace Presbyterian Youth Ministry

REGISTRATION AND RELEASE FORM – ALL YOUTH 30 HOUR FAMINE LOCK-IN : February 24-25, 2017

Name(s): _____

Address: _____

Phone: _____ Email: _____ Age(s) of youth: _____

In Case of Emergency Notify: _____ Phone: _____

Medications: _____ Food Allergies: _____

With the understanding that adult supervision is provided, I, the parent or guardian of _____ do hereby release the staff and officers from liability of accident, illness of injury during his/her attendance of the GPC youth activity **February 24-25, 2017**. I authorize any transportation or treatment deemed necessary by an accredited hospital and/or physician for my child in case of emergency.

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